

Culford Triathlon 27 July 2008

Youths

Pos.	Name	No.	Club	Cat	Swim		Cycle		Run		Total
1	Taz Porter	3	East Essex Tri	MA	3:59	2	36:27	1	14:42	1	55:08
2	William Meadows	1	TRI UK (Triathlon Essex)	MA	3:42	1	37:10	2	17:01	6	57:53
3	William Muggleton	5	East Essex Tri	MA	4:06	4	39:04	4	16:20	3	59:30
4	Matthew Brown	2	East Essex Tri	MA	4:22	5	40:20	5	15:01	2	59:43
5	William Adams	4	Cambridge Tri	MA	4:30	6	38:08	3	17:44	7	1:00:22
6	Tom Giggins	6	East Essex Tri	MA	5:14	9	43:01	6	16:34	4	1:04:49
7	Joe Rudland	7		MA	4:51	7	43:50	8	16:54	5	1:05:35
8	Neha Dabhi	197	Tri Sport Epping	FA	4:05	3	44:17	9	19:12	9	1:07:34
9	Samantha Eggar	8	Cambridge Tri	FA	5:09	8	43:37	7	19:05	8	1:07:51

Sprint

Pos.	Name	No.	Club	Cat	Swim		Cycle		Run		Total
1	Oliver Milk	198	Tri-Anglia	ME	3:53	4	32:20	1	13:47	3	50:00
2	Roy Young	187	Born 2 Tri	MH	4:23	15	32:53	2	13:57	4	51:13
3	Nathan Miller	140	53-12	MF	5:13	56	33:00	3	13:42	2	51:55
4	Joe Giggins	200	East Essex Tri	MB	3:26	1	35:18	10	13:25	1	52:09
5	Matt Shingleton	183	Born 2 Tri	MF	4:32	19	33:36	5	14:09	6	52:17
6	Mark Matthews	195	Cambridge Tri	MD	3:47	3	34:30	7	14:26	8	52:43
7	Glyn Williams	114	Born 2 Tri	MF	4:57	37	33:25	4	14:31	9	52:53
8	Graham Perks	184	Born 2 Tri	MG	4:04	7	34:56	8	14:56	12	53:56
9	Phil Jarvis	185	Triathlon Essex	MH	4:43	26	33:53	6	16:22	29	54:58
10	Gabe Lowrie	199	Cambridge Tri	MC	3:43	2	37:26	25	14:23	7	55:32
11	Riaan Ekkerd	142	Tri-Anglia	MF	4:40	23	37:13	20	14:32	10	56:25
12	Mark Nowell	190	Tri-Anglia	MI	4:25	16	35:00	9	17:03	41	56:28
13	Doug Grimwade	169	Hadleigh Hares	MH	5:00	44	36:18	15	15:32	17	56:50
13	Baard Grindberg	196	Tri-Anglia	MH	4:11	12	37:14	21	15:25	16	56:50
15	Spencer Wix	166	XRT/Elmy Cycles	ME	4:17	13	36:53	17	15:42	19	56:52
15	Stuart Hope	170	Born 2 Tri	MH	4:40	23	36:07	12	16:05	27	56:52
17	Julian Long	118	St Edmund Pacers	MG	5:34	73	37:51	29	14:05	5	57:30
18	Vincent Coogan	127	Newmarket Tri Club	ME	5:00	44	37:54	30	14:44	11	57:38
19	Neil Watts	158	53-12	MG	4:48	31	37:14	21	15:55	24	57:57
19	Paul Horsley	175	East Essex Tri	MI	5:09	52	36:57	18	15:51	22	57:57
21	John Chisnall	157	Hadleigh Hares	MI	5:05	50	36:15	13	16:40	33	58:00
22	Mark Southgate	191	Essex Fire Triathlon	MG	3:59	6	35:59	11	18:27	69	58:25
23	Tom Gibson	165	Blackwater Tri Club	MC	4:37	21	38:06	33	15:48	21	58:31
24	Paul Bagley	176	53-12	MJ	4:43	26	38:33	34	15:21	14	58:37
25	Mark Davies	132		MI	5:04	49	37:32	27	16:04	26	58:40
26	Keith Muggleton	179	East Essex Tri	MJ	4:25	16	37:28	26	16:55	37	58:48
27	Angus Western	189		MG	4:09	10	36:45	16	18:10	63	59:04
28	Daniel Clifford	144	Ipswich Tri	MH	4:53	35	37:20	24	17:05	42	59:18
29	Mark Brown	146	East Essex Tri	MI	5:21	61	37:01	19	17:01	40	59:23
30	Matt Dye	171	Ipswich Tri	MH	4:58	38	38:38	36	15:53	23	59:29
31	Webber Forbes	194	Cambridge Tri	MD	4:34	20	39:40	47	15:24	15	59:38
32	Stuart Mills	155	Born 2 Tri	MF	5:13	56	39:02	38	15:35	18	59:50
33	Matt Lewis	182		ME	3:57	5	40:00	52	16:58	39	1:00:55
34	Simon Rudland	174		MI	4:52	33	37:42	28	18:36	74	1:01:10
35	Adrian Grimwood	97	West Suffolk Wheelers	MH	5:46	84	36:17	14	19:08	87	1:01:11
36	Don Hutchinson	148	Cambridge Tri	ML	5:39	79	37:59	31	17:46	55	1:01:24
37	Mark Harman	77	Born 2 Tri	MI	5:23	65	39:34	43	16:36	31	1:01:33
38	Graham Coulter	72	Ipswich Tri	MF	7:16	146	37:16	23	17:05	42	1:01:37
39	Dave Gibson	160	Blackwater Tri Club	MJ	5:00	44	39:30	42	17:25	46	1:01:55
40	Julia Jepson	178	St Edmund Pacers	FH	4:58	38	40:21	54	16:56	38	1:02:15
41	Mark Schofield	156	Essex Police Tri	MI	5:27	67	39:43	48	17:07	44	1:02:17
42	Edward Bastow	143		MG	5:29	69	39:09	39	17:48	57	1:02:26
43	Malcolm Penn	30	Stowmarket Striders	MJ	7:39	156	39:48	49	15:05	13	1:02:32
43	Michael Ruth	56	Great Bentley	MG	6:59	134	39:38	44	15:55	24	1:02:32
45	Colin Byford	121	Haverhill Wheelers	MH	5:36	77	38:37	35	18:32	71	1:02:45
46	Paul Frindle	62		MJ	6:04	97	39:00	37	17:51	58	1:02:55

Pos.	Name	No.	Club	Cat	Swim	Cycle	Run	Total
47	Paul Goodhand	96		MG	5:50 88	38:03 32	19:09 88	1:03:02
48	Jonathan Cushing	91		MF	6:20 111	41:38 69	15:46 20	1:03:44
49	John Waterston	41	Cambridge Tri	MJ	5:30 71	39:38 44	18:39 75	1:03:47
50	Laura Hindle	181	53-12	FE	4:05 8	41:07 62	18:59 84	1:04:11
51	Harvey Tomlin	122	53-12	MH	5:59 93	39:58 50	18:23 68	1:04:20
52	Darren Cook	55		MF	5:08 51	42:23 79	16:51 36	1:04:22
53	Dawn Pretty	193		FH	4:56 36	40:39 56	18:57 82	1:04:32
54	Steven Bartlett	133	Born 2 Tri	MG	4:58 38	41:23 67	18:17 65	1:04:38
55	Janette Thomas	151	Cambridge Tri	FI	5:28 68	39:27 41	20:05 116	1:05:00
56	Curtis Caba	134		MI	5:21 61	40:48 58	18:52 78	1:05:01
57	Stephanie Stride	154	Tritalk.co.uk	FG	4:41 25	40:48 58	19:37 99	1:05:06
58	David Southgate	135	Blackwater Tri	MH	5:26 66	40:50 60	18:54 79	1:05:10
59	Jason Battle	100		MG	6:11 103	40:41 57	18:22 67	1:05:14
60	Neil Crisp	60		MF	6:10 101	41:19 65	17:46 55	1:05:15
61	Wendy Martin	162	Born 2 Tri	FG	4:58 38	39:58 50	20:20 126	1:05:16
62	Colin Beckwith	82		MJ	6:10 101	39:23 40	19:44 106	1:05:17
63	David Lowrie	147	Newmarket Tri Club	MK	5:49 86	43:07 84	16:28 30	1:05:24
64	Steve Le Poidevin	104		MH	6:40 120	39:38 44	19:07 86	1:05:25
65	Paul Stevens	173	Born 2 Tri	MH	5:03 48	43:09 86	17:26 47	1:05:38
66	Helen Edwards	153	UEA Triathlon Club	FE	4:59 43	42:24 80	18:21 66	1:05:44
67	Mark Bunn	93		MF	4:52 33	43:02 82	17:52 59	1:05:46
68	Sam Wolton	141	Halstead Road Runners	MF	5:59 93	43:31 90	16:21 28	1:05:51
69	Tim Lacey	116		MF	5:51 89	42:02 75	18:16 64	1:06:09
70	Sara Greenwood	188	Tri-Anglia	FD	4:06 9	42:05 76	20:01 112	1:06:12
71	Ian Wilcockson	81		MH	6:55 130	41:51 74	17:36 51	1:06:22
71	William Long	123		MH	5:34 73	42:16 77	18:32 71	1:06:22
73	Allan Peacock	71	Born 2 Tri	ME	7:21 151	41:18 64	17:45 54	1:06:24
74	Jonas Grist	74	Hadleigh Hares	MG	5:40 81	43:56 98	16:50 35	1:06:26
75	Rachel Toms	138		FF	4:45 28	42:18 78	19:25 96	1:06:28
76	Tim Brammar	186		MH	4:21 14	44:39 106	17:33 49	1:06:33
77	Graeme Biggins	180	Blackwater Tri	MF	4:45 28	41:35 68	20:17 124	1:06:37
78	Jason Baillie	117	Ipswich Tri	MG	5:14 58	40:52 61	20:32 129	1:06:38
79	Dawn Muggleton	164	East Essex Tri	FI	5:02 47	44:52 110	16:47 34	1:06:41
80	Grayhame Fish	152	Tri-Anglia	MK	5:10 54	41:38 69	20:02 114	1:06:50
81	Chris Malster	58		MI	6:57 131	40:21 54	19:38 101	1:06:56
82	Simon Green	105		MJ	6:39 118	41:47 72	18:55 81	1:07:21
83	Adam Fish	167		MF	4:27 18	43:10 87	19:54 110	1:07:31
84	Marion Walker	51	Framlingham Flyers	FJ	7:29 152	41:41 71	18:31 70	1:07:41
85	Rick Levin	125		MH	5:30 71	42:33 81	19:44 106	1:07:47
86	Suzy Stennett	108		FF	6:29 115	43:50 95	17:29 48	1:07:48
87	Miles Garrod	103	Stowmarket Striders	MH	6:43 122	43:32 91	17:40 53	1:07:55
88	Julie Halpin	28	Born 2 Tri	FG	7:19 149	41:19 65	19:32 98	1:08:10
89	Adam Ramsey	92	Ipswich Tri	MF	5:37 78	44:44 109	17:56 61	1:08:17
90	Abigail Paton	79	Stowmarket Striders	FF	6:54 128	44:19 103	17:09 45	1:08:22
91	Amanda Mallett	130	Ipswich Tri	FH	6:08 98	43:10 87	19:18 91	1:08:36
92	David Clark	145	Tri-Anglia	MH	5:21 61	44:02 101	19:15 90	1:08:38
93	Haley Suttle	149	Stowmarket Striders	FH	5:21 61	45:47 117	17:37 52	1:08:45
94	Charmaine Geraghty	86	Stowmarket Striders	FG	6:09 100	45:04 111	17:35 50	1:08:48
95	Nigel Barber	126	Newmarket Tri Club	MK	6:15 106	41:12 63	21:47 136	1:09:14
96	Steve Newman	26	West Suffolk Wheelers	MJ	7:13 143	40:03 53	22:08 139	1:09:24
97	Anna Borghesani	137		FF	5:29 69	44:15 102	19:43 105	1:09:27
98	Paul Tovell	38	53-12	MI	5:55 92	43:33 92	20:07 118	1:09:35
99	Joanne James	43	Tri-Anglia	FE	7:14 145	43:08 85	19:24 94	1:09:46
100	Kim Chatting	65	Great Bentley RC	FG	8:11 164	43:40 93	17:58 62	1:09:49
101	Anne Fish	107	Tri-Anglia	FL	6:11 103	43:47 94	20:06 117	1:10:04
102	Brian Telford	68	53-12	FH	6:31 116	43:54 96	19:40 103	1:10:05
103	Jacqueline Riley Chubb	131	Ipswich Tri	FH	5:49 86	45:26 114	18:54 79	1:10:09
104	Janice Brown	139	East Essex Tri	FH	5:39 79	45:30 115	19:09 88	1:10:18
105	Helen Ashton	177	Born 2 Tri	FE	4:37 21	43:57 99	21:59 138	1:10:33
106	Hazel Brammar	163		FH	5:17 59	45:38 116	19:39 102	1:10:34
107	Stephen Thompson	101		MH	6:34 117	41:50 73	22:32 142	1:10:56
108	Nicola Hale	45	Ipswich Jaffa	FE	7:06 138	47:19 130	16:38 32	1:11:03
108	Della Brown	47	Tri-Anglia	FG	6:50 126	45:15 113	18:58 83	1:11:03
110	Guy Metcalf	113	Mammoth Tri	ME	4:10 11	44:01 100	22:58 148	1:11:09
111	Frank Gardiner	40	Great Bentley RC	MJ	7:12 141	43:55 97	20:04 115	1:11:11

Pos.	Name	No.	Club	Cat	Swim	Cycle	Run	Total
112	Steve Pitman	168		MF	5:35 76	43:23 89	22:16 141	1:11:14
113	Michael Power	39		MJ	7:46 157	44:31 105	19:04 85	1:11:21
114	Roland Shaw	59	Tri-Anglia	MJ	6:49 125	46:53 124	17:55 60	1:11:37
115	Margaret Williams	15		FH	6:51 127	44:39 106	20:16 122	1:11:46
116	Stephen Suter	119	Ipswich Tri	MG	6:57 131	44:43 108	20:08 119	1:11:48
117	Tony Money	27		MG	7:35 154	45:13 112	19:26 97	1:12:14
118	Samantha Salisbury	111		FG	5:34 73	47:18 129	19:47 108	1:12:39
119	Cathy Lambert	48		FH	7:49 158	46:06 118	18:45 76	1:12:40
120	Graham Grimwood	36	West Suffolk Wheelers	MH	8:12 165	44:29 104	20:16 122	1:12:57
121	Quentin Crowe	37	53-12	MH	7:05 136	47:40 133	18:34 73	1:13:19
122	Tricia Stacey	110	Colchester Harriers	FG	6:00 96	48:33 145	18:47 77	1:13:20
123	David Wood	124	Stowmarket Striders	MH	6:58 133	46:11 119	20:32 129	1:13:41
124	Clyde Goodwin	18		MI	8:02 162	46:30 121	19:20 93	1:13:52
125	Stewart Ingram	42	Tri-Anglia	MK	7:56 161	46:25 120	19:37 99	1:13:58
126	Stewart Bell	17		MH	7:12 141	46:35 122	20:31 128	1:14:18
126	Gerry Lowe	57		MI	6:39 118	47:16 127	20:23 127	1:14:18
126	Claire Goodwin	161		FD	4:48 31	48:24 142	21:06 133	1:14:18
129	Simon Price	120		MG	5:53 91	48:11 137	20:18 125	1:14:22
130	Juliet Konrath	88	St Edmund Pacers	FH	5:20 60	49:09 149	20:11 120	1:14:40
131	Alex Brown	90		ME	6:18 108	48:50 146	19:48 109	1:14:56
132	Michael Mann	19		MJ	5:45 82	50:15 154	19:19 92	1:15:19
133	Ceris Jones	49		FH	6:12 105	47:17 128	21:52 137	1:15:21
134	Debbie Ghant	32	Stowmarket Striders	FH	7:53 160	47:21 131	20:13 121	1:15:27
135	Ian Potter	73	Blackwater Tri	MG	5:45 82	47:12 125	22:40 145	1:15:37
136	Stephen Griffiths	99		MI	7:49 158	47:15 126	20:35 131	1:15:39
137	Elizabeth McGoldrick	52	Ipswich Tri	FJ	6:48 124	47:28 132	21:44 135	1:16:00
138	Greg Potts	44	Springfield Striders	MI	7:13 143	48:06 136	20:43 132	1:16:02
139	Lynette Filby	136		FD	5:10 54	46:49 123	24:07 154	1:16:06
140	Tina Belsom	61	Stowmarket Striders	FH	8:04 163	48:03 135	20:01 112	1:16:08
141	Andrew Howell	172		MH	4:58 38	48:14 138	23:36 150	1:16:48
142	Karen Gallagher	70		FH	5:59 93	47:43 134	23:26 149	1:17:08
143	Caine Folkes-Miller	34		MF	6:23 112	51:08 157	19:41 104	1:17:12
144	Derek Gallagher	83		MH	6:18 108	49:06 148	22:15 140	1:17:39
144	Robert Adam	95		MG	7:05 136	49:21 151	21:13 134	1:17:39
146	Chris Slemmings	129	Ipswich Tri	ML	5:46 84	49:20 150	22:47 147	1:17:53
147	Ian Konrath	76		MH	6:54 128	48:21 141	22:42 146	1:17:57
148	Clare Cole	150	Tri-Anglia	FG	5:51 89	48:30 144	23:38 151	1:17:59
149	Janet Scoulding	31	West Suffolk Wheelers	FG	6:18 108	48:27 143	23:39 152	1:18:24
150	Penny Waggott	87	Stowmarket Striders	FH	7:18 147	51:54 161	19:24 94	1:18:36
151	Anita Malster	89		FH	6:41 121	48:18 140	24:25 158	1:19:24
152	Kerry Davis	66	Tri-Anglia	FH	6:46 123	48:15 139	24:24 157	1:19:25
153	Rachel Marshall	109		FF	6:08 98	51:16 158	22:37 143	1:20:01
154	Valerie Dadge	80	Felixstowe RR	FI	6:28 114	51:01 155	22:39 144	1:20:08
155	Tim Scutter	23	Tri-Anglia	MG	6:59 134	50:10 153	23:50 153	1:20:59
156	Susan Penrhyn-Lowe	50		FI	7:37 155	48:55 147	24:33 159	1:21:05
157	Helen Bastow	106		FH	7:08 139	51:24 159	24:15 156	1:22:47
158	Nadine Exter	46		FG	7:11 140	53:07 163	24:09 155	1:24:27
159	Alan Jordan	9		MJ	14:56 170	51:05 156	19:58 111	1:25:59
160	Nancy Cushing	63	St Edmund Pacers	FF	7:18 147	52:03 162	26:40 160	1:26:01
161	John Tavner	21		ML	9:49 167	51:38 160	27:22 161	1:28:49
162	Tina Potter	53	Tri-Anglia	FJ	7:32 153	50:00 152	34:54 165	1:32:26
163	Valerie Kramer	22		FH	8:41 166	1:00:50 165	28:39 162	1:38:10
164	Joanna Crowe	12		FJ	10:08 168	1:03:54 166	29:11 163	1:43:13
165	Jennifer Warbey	14		FF	12:59 169	59:55 164	31:24 164	1:44:18
	Paul Blackwell	75	Great Bentley RC	MH	6:15 106	DNF		
	Dagmar Schiller	85		FG	6:25 113	DNF	19:42	
	Les Basham	102	Stowmarket Striders	MK	7:20 150	DNF	DNF	
	Teresa Harman	112	Born 2 Tri	FI	4:47 30		DNF	
	Mark Newman	159	Ipswich Tri	MF	5:09 52	43:04 83	DNF	