

Ipswich Junior Triathlon 2010 Framlingham College

Girls age 8

| Pos. | Name | No. | Club | Swim | | Cycle | | Run | | Total |
|------|-----------------|-----|----------------|------|---|-------|---|------|---|-------|
| 1 | Elena Gough | 2 | Cambridge Tri | 1:03 | 3 | 3:42 | 1 | 3:59 | 2 | 8:44 |
| 2 | Ciara Nicholson | 5 | Discovery Tri | 0:55 | 1 | 4:43 | 3 | 3:41 | 1 | 9:19 |
| 3 | Laura Bailey | 1 | | 1:04 | 4 | | | | | 10:03 |
| 4 | Amy Shellito | 3 | East Essex Tri | 1:02 | 2 | 4:46 | 4 | 6:34 | 3 | 12:22 |
| 5 | Fay Morris | 4 | | 1:13 | 5 | 4:41 | 2 | 7:20 | 4 | 13:14 |

Boys age 8

| Pos. | Name | No. | Club | Swim | | Cycle | | Run | | Total |
|------|-----------------|-----|-----------------------|------|----|-------|----|------|----|-------|
| 1 | Rowan Baker | 13 | City of Norwich | 1:09 | 5 | 3:44 | 1 | 3:33 | 1 | 8:26 |
| 2 | Sam Ponty | 15 | | 0:48 | 1 | 4:12 | 2 | 3:34 | 2 | 8:34 |
| 3 | Jordan Bradford | 11 | Cambridge Tri | 0:59 | 3 | 4:18 | 3 | 3:52 | 5 | 9:09 |
| 4 | Daniel de Boltz | 10 | Ipswich Tri | 1:04 | 4 | 4:25 | 4 | 3:45 | 4 | 9:14 |
| 5 | Clayton Thomas | 12 | | 1:28 | 9 | 4:35 | 5 | 3:37 | 3 | 9:40 |
| 6 | Seb Norton | 6 | | 1:42 | 10 | 4:47 | 6 | 3:52 | 5 | 10:21 |
| 7 | Giles Kelleway | 8 | Leiston Swimming Club | 1:18 | 8 | 5:05 | 7 | 3:59 | 7 | 10:22 |
| 8 | Logan Pyle | 14 | | 0:48 | 1 | 5:21 | 9 | 4:32 | 8 | 10:41 |
| 9 | Viktor Toma | 7 | St Joseph's College | 1:17 | 6 | 5:12 | 8 | 4:43 | 10 | 11:12 |
| 10 | Henry Alabone | 9 | | 1:17 | 6 | 6:39 | 10 | 4:35 | 9 | 12:31 |

Girls 9 - 10

| Pos. | Name | No. | Club | Swim | | Cycle | | Run | | Total |
|------|-------------------|-----|-----------------|------|----|-------|----|------|----|-------|
| 1 | Sinead Clark | 32 | East Essex Tri | 2:08 | 6 | 6:04 | 2 | 4:58 | 1 | 13:10 |
| 2 | Sarah Brunton | 35 | Cambridge Tri | 2:03 | 3 | 5:55 | 1 | 5:17 | 2 | 13:15 |
| 3 | Issy Wickens | 33 | Ipswich Tri | 2:10 | 7 | 6:14 | 3 | 5:22 | 3 | 13:46 |
| 4 | Eliza Ross-Smith | 26 | | 1:55 | 2 | 6:23 | 4 | 5:40 | 4 | 13:58 |
| 5 | Imogen Ross-Smith | 25 | | 1:54 | 1 | 6:23 | 4 | 5:52 | 8 | 14:09 |
| 6 | Nicole Bradford | 37 | Cambridge Tri | 2:11 | 8 | 6:31 | 6 | 5:44 | 6 | 14:26 |
| 7 | Kerry Delaney | 36 | Cambridge Tri | 2:07 | 5 | 6:54 | 7 | 5:49 | 7 | 14:50 |
| 8 | Holly Thompson | 38 | | 2:04 | 4 | 7:00 | 8 | 5:57 | 9 | 15:01 |
| 9 | Charlotte Gowers | 30 | Discovery Tri | 2:12 | 9 | 7:03 | 9 | 6:11 | 10 | 15:26 |
| 10 | Philippa Taylor | 34 | | 2:34 | 10 | 7:29 | 11 | 5:40 | 4 | 15:43 |
| 11 | Emilia Kent | 23 | | 2:57 | 13 | 7:23 | 10 | 6:36 | 12 | 16:56 |
| 12 | Helena Hunt | 22 | City of Norwich | 3:04 | 15 | 7:51 | 12 | 6:36 | 12 | 17:31 |
| 13 | Lucy Coulter | 31 | | 2:44 | 11 | 8:41 | 14 | 6:20 | 11 | 17:45 |
| 14 | Natalie Cardin | 27 | | 2:58 | 14 | 7:55 | 13 | 7:20 | 15 | 18:13 |
| 15 | Sophie Norton | 29 | | 2:47 | 12 | 9:28 | 15 | 6:41 | 14 | 18:56 |
| 16 | Georgina Alabone | 20 | | 3:15 | 16 | 11:33 | 16 | 8:17 | 16 | 23:05 |

Boys 9 - 10

| Pos. | Name | No. | Club | Swim | | Cycle | | Run | | Total |
|------|------------------|-----|-----------------------|------|----|-------|----|------|----|-------|
| 1 | Joseph Brierly | 46 | | 2:08 | 3 | 6:45 | 4 | 5:02 | 1 | 13:55 |
| 2 | Adam Blades | 66 | Leiston Swimming Club | 2:22 | 8 | 6:44 | 3 | 5:06 | 3 | 14:12 |
| 3 | Jack Shellito | 61 | East Essex Tri | 2:18 | 7 | 6:51 | 5 | 5:05 | 2 | 14:14 |
| 4 | Oliver Pyle | 60 | | 2:15 | 5 | 7:24 | 13 | 5:07 | 4 | 14:46 |
| 5 | Johan Hasselder | 57 | West Suffolk Tri Club | 2:41 | 15 | 6:58 | 7 | 5:08 | 5 | 14:47 |
| 5 | Joseph Drake | 62 | Rock Estate | 2:24 | 12 | 6:31 | 1 | 5:52 | 13 | 14:47 |
| 7 | Toby Wright | 55 | Tri Sport Epping | 2:24 | 12 | 6:34 | 2 | 5:57 | 14 | 14:55 |
| 8 | Sam Green | 52 | | 3:07 | 20 | 6:54 | 6 | 5:33 | 9 | 15:34 |
| 9 | Harry Bailey | 49 | | 2:47 | 16 | 7:08 | 9 | 5:41 | 11 | 15:36 |
| 10 | Nicholas Borrett | 45 | | 2:14 | 4 | 8:07 | 18 | 5:16 | 6 | 15:37 |
| 11 | Zachary Foster | 39 | Orion Harriers | 2:17 | 6 | 7:54 | 16 | 5:39 | 10 | 15:50 |
| 12 | Tom Norton | 50 | | 3:13 | 21 | 7:20 | 12 | 5:18 | 7 | 15:51 |
| 13 | Callum Whelan | 54 | Walden JNR | 3:02 | 19 | 7:00 | 8 | 5:58 | 15 | 16:00 |
| 14 | Jack Neale | 58 | East Essex Tri | 2:29 | 14 | 7:10 | 10 | 6:28 | 17 | 16:07 |
| 15 | Oliver Pick | 59 | Leiston Swimming Club | 2:23 | 9 | 7:16 | 11 | 6:36 | 19 | 16:15 |
| 16 | Jamie Mayhew | 64 | Leiston Swimming Club | 2:07 | 2 | 7:24 | 13 | 6:52 | 21 | 16:23 |
| 17 | Fred Goose | 51 | Leiston Swimming Club | 2:23 | 9 | 7:42 | 15 | 6:45 | 20 | 16:50 |
| 18 | Guy Blades | 63 | Leiston Swimming Club | 2:23 | 9 | 8:13 | 20 | 6:34 | 18 | 17:10 |
| 19 | Dean Johnson | 56 | Leiston Swimming Club | 2:57 | 17 | 7:54 | 16 | 6:21 | 16 | 17:12 |
| 20 | Thomas Bliss | 47 | | 4:01 | 23 | 8:09 | 19 | 5:25 | 8 | 17:35 |
| 21 | Oliver Bowman | 48 | | 3:16 | 22 | 8:31 | 22 | 5:49 | 12 | 17:36 |
| 22 | James Boots | 65 | | 2:06 | 1 | 8:18 | 21 | 7:15 | 22 | 17:39 |
| 23 | Ryan Morris | 53 | | 2:57 | 17 | 9:32 | 23 | 8:25 | 23 | 20:54 |

Girls 11 - 12

| Pos. | Name | No. | Club | Swim | | Cycle | | Run | | Total |
|------|------|-----|------|------|--|-------|--|-----|--|-------|
|------|------|-----|------|------|--|-------|--|-----|--|-------|

| | | | | | | | | | | |
|----|----------------------|----|-----------------------|------|----|-------|----|-------|----|-------|
| 1 | Sophie Alden | 84 | City of Norwich | 2:51 | 1 | 9:31 | 2 | 6:14 | 1 | 18:36 |
| 2 | Ellie Bushell | 82 | North Norfolk Tri | 3:09 | 6 | 9:36 | 3 | 6:27 | 3 | 19:12 |
| 3 | Lorna Robinson | 80 | Ipswich Tri | 3:20 | 8 | 9:13 | 1 | 6:59 | 5 | 19:32 |
| 4 | Evangeline Foster | 81 | RG Active | 3:07 | 4 | 10:33 | 4 | 6:18 | 2 | 19:58 |
| 5 | Kiera Tippett | 83 | East Essex Tri | 3:08 | 5 | 10:44 | 5 | 6:55 | 4 | 20:47 |
| 6 | Alexandra Rae | 79 | Discovery Tri | 3:09 | 6 | 11:31 | 6 | 7:13 | 6 | 21:53 |
| 7 | Megan Hammond | 75 | | 3:37 | 9 | 12:33 | 8 | 8:03 | 12 | 24:13 |
| 8 | Georgina Fulcher | 78 | Deben Swim Club | 2:58 | 2 | 13:23 | 10 | 7:55 | 10 | 24:16 |
| 9 | Katia Cardin | 77 | | 4:04 | 12 | 12:43 | 9 | 7:55 | 10 | 24:42 |
| 10 | Emily Eames | 72 | Tri Force Herts | 5:06 | 14 | 11:32 | 7 | 8:25 | 14 | 25:03 |
| 11 | Imogen Holland-Howes | 76 | | 5:08 | 15 | 14:14 | 11 | 7:25 | 7 | 26:47 |
| 12 | Megan Clark | 73 | | 5:05 | 13 | 14:35 | 13 | 7:38 | 8 | 27:18 |
| 12 | Lucy Oxbrow | 86 | Team Ipswich Swimming | 3:02 | 3 | 16:01 | 16 | 8:15 | 13 | 27:18 |
| 14 | Brooke Flower | 85 | Felixstowe Swim Club | 3:55 | 10 | 14:22 | 12 | 9:11 | 15 | 27:28 |
| 15 | Keiley Styles | 71 | | 5:38 | 16 | 14:50 | 15 | 7:50 | 9 | 28:18 |
| 16 | Ellie Rankin | 74 | Deben Swim Club | 4:03 | 11 | 14:49 | 14 | 9:54 | 16 | 28:46 |
| 17 | Cerys Jones | 70 | | 5:39 | 17 | 22:26 | 17 | 13:27 | 17 | 41:32 |

Boys 11 - 12

| Pos. | Name | No. | Club | Swim | | Cycle | | Run | | Total |
|------|------------------------|-----|------------------------|------|----|-------|----|-------|----|-------|
| 1 | George Cook | 115 | Tri Sport Epping | 3:37 | 10 | 9:41 | 2 | 5:53 | 1 | 19:11 |
| 2 | Zak Coleman | 111 | Tri-Anglia | 3:47 | 12 | 9:35 | 1 | 6:17 | 4 | 19:39 |
| 3 | Finn Barnes | 102 | Cambridge Tri | 3:59 | 16 | 10:04 | 3 | 6:05 | 2 | 20:08 |
| 4 | Charlie Seller | 112 | Deben Swim Club | 3:09 | 4 | 10:32 | 4 | 6:32 | 8 | 20:13 |
| 5 | James Neale | 114 | East Essex Tri | 3:10 | 5 | 11:02 | 9 | 6:25 | 5 | 20:37 |
| 6 | Robert Brunton | 122 | Cambridge Tri | 2:59 | 3 | 10:41 | 6 | 7:11 | 14 | 20:51 |
| 7 | Jeremy Nockels | 124 | RG Active | 2:47 | 1 | 11:56 | 18 | 6:29 | 7 | 21:12 |
| 8 | Samuel Mileham | 113 | Tri Sport Epping | 3:29 | 7 | 11:23 | 11 | 6:44 | 9 | 21:36 |
| 9 | Liam Nicholson | 120 | Discovery Tri | 3:10 | 5 | 11:17 | 10 | 7:15 | 15 | 21:42 |
| 10 | William Oxbrow | 123 | Team Ipswich Swimming | 2:51 | 2 | 12:01 | 20 | 6:53 | 11 | 21:45 |
| 11 | Tom Nethercott | 100 | Cambridge Tri | 4:03 | 17 | 10:37 | 5 | 7:33 | 19 | 22:13 |
| 12 | Patrick Styles | 99 | | 4:31 | 28 | 11:40 | 16 | 6:15 | 3 | 22:26 |
| 13 | Charlie Smith | 108 | Cambridge Tri | 4:12 | 20 | 11:31 | 13 | 6:51 | 10 | 22:34 |
| 14 | Scott Thomas | 109 | | 3:37 | 10 | 11:27 | 12 | 7:34 | 20 | 22:38 |
| 15 | Louis Breyer | 94 | Ipswich Tri | 4:57 | 31 | 10:52 | 8 | 7:04 | 13 | 22:53 |
| 16 | Matthew Baker | 103 | City of Norwich | 4:51 | 30 | 10:42 | 7 | 7:21 | 17 | 22:54 |
| 17 | Jack Levermore | 104 | Leiston Swimming Club | 4:04 | 18 | 11:54 | 17 | 7:34 | 20 | 23:32 |
| 18 | Matthew Haskell | 116 | Felixstowe Waves SC | 3:36 | 9 | 13:39 | 27 | 6:27 | 6 | 23:42 |
| 19 | Jack Hobbs | 106 | Framlingham College SC | 4:28 | 27 | 11:36 | 14 | 7:47 | 23 | 23:51 |
| 20 | Tomas Gould | 107 | | 4:26 | 24 | 11:38 | 15 | 8:22 | 27 | 24:26 |
| 21 | Jake O'Brien | 90 | Cambridge Tri | 4:26 | 24 | 11:58 | 19 | 8:07 | 25 | 24:31 |
| 22 | Jack Brammar | 117 | | 3:29 | 7 | 13:34 | 26 | 7:30 | 18 | 24:33 |
| 23 | Jackson Crisp | 98 | | 4:17 | 21 | 13:26 | 25 | 6:54 | 12 | 24:37 |
| 24 | Alex Lione | 105 | Cambridge Tri | 4:27 | 26 | 13:17 | 23 | 7:17 | 16 | 25:01 |
| 25 | Jack Goose | 118 | Leiston Swimming Club | 3:52 | 14 | 13:24 | 24 | 7:53 | 24 | 25:09 |
| 26 | Philip Toma | 93 | St Joseph's College | 4:24 | 22 | 12:44 | 22 | 9:01 | 30 | 26:09 |
| 27 | Hugo Kelleway | 92 | Leiston Swimming Club | 4:25 | 23 | 14:05 | 28 | 7:44 | 22 | 26:14 |
| 28 | Amaury Salomon | 91 | | 5:12 | 32 | 12:20 | 21 | 10:23 | 32 | 27:55 |
| 29 | Felix Sarginson Batley | 101 | | 4:46 | 29 | 14:55 | 29 | 8:50 | 29 | 28:31 |
| 30 | Joshua Richards | 97 | Ipswich Tri | 3:58 | 15 | 16:19 | 31 | 8:19 | 26 | 28:36 |
| 31 | Bradley Johnson | 96 | Leiston Swimming Club | 4:10 | 19 | 15:17 | 30 | 9:18 | 31 | 28:45 |
| 32 | Finlay Kirk | 110 | | 3:48 | 13 | 16:49 | 32 | 8:30 | 28 | 29:07 |

Girls 13 - 14

| Pos. | Name | No. | Club | Swim | | Cycle | | Run | | Total |
|------|-------------------|-----|-----------------------|------|----|-------|----|-------|----|-------|
| 1 | Abby Smith | 136 | Tri Force Herts | 3:41 | 1 | 14:58 | 4 | 8:00 | 1 | 26:39 |
| 2 | Catriona Delaney | 130 | Cambridge Tri | 4:19 | 5 | 14:54 | 2 | 8:41 | 4 | 27:54 |
| 3 | Alice Maguire | 126 | West Suffolk Wheelers | 5:09 | 10 | 14:21 | 1 | 8:32 | 3 | 28:02 |
| 4 | Clover Murray | 133 | Discovery Tri | 4:37 | 7 | 14:55 | 3 | 9:02 | 5 | 28:34 |
| 5 | Sophie Jones | 134 | Cambridge Tri | 4:36 | 6 | 16:11 | 6 | 8:17 | 2 | 29:04 |
| 6 | Annabelle Graham | 131 | Cambridge Tri | 4:52 | 9 | 15:08 | 5 | 9:12 | 7 | 29:12 |
| 7 | Emma Studd | 135 | Deben Swim Club | 3:50 | 2 | 16:41 | 7 | 9:06 | 6 | 29:37 |
| 8 | Abigail Hill | 132 | Deben Swim Club | 4:07 | 3 | 17:21 | 8 | 10:43 | 10 | 32:11 |
| 9 | Francesca Wallace | 129 | Diss Otters SC | 4:15 | 4 | 18:47 | 9 | 10:09 | 8 | 33:11 |
| 10 | Amy Brammar | 127 | | 4:50 | 8 | 20:36 | 10 | 10:32 | 9 | 35:58 |

Boys 13 - 14

| Pos. | Name | No. | Club | Swim | | Cycle | | Run | | Total |
|------|----------------|-----|----------------------|------|---|-------|---|------|---|-------|
| 1 | James Kidd | 166 | HPU/Tri Sport Epping | 3:32 | 2 | 12:23 | 1 | 7:00 | 1 | 22:55 |
| 2 | Oliver Swallow | 156 | Discovery Tri | 4:01 | 6 | 12:35 | 3 | 7:09 | 3 | 23:45 |

| | | | | | | | | | | |
|----|----------------------|-----|------------------------|------|----|-------|----|-------|----|-------|
| 3 | Arran Rae | 157 | Discovery Tri | 3:52 | 4 | 13:03 | 6 | 7:18 | 5 | 24:13 |
| 4 | James Tapley | 161 | Cambridge Tri | 4:16 | 11 | 12:49 | 5 | 7:35 | 6 | 24:40 |
| 5 | Louis Seller | 164 | Deben Swim Club | 3:31 | 1 | 13:37 | 10 | 7:38 | 7 | 24:46 |
| 6 | James Bruzos | 155 | City of Norwich | 3:56 | 5 | 12:40 | 4 | 8:17 | 10 | 24:53 |
| 7 | Elliot Bennett | 154 | Discovery Tri | 4:17 | 12 | 13:32 | 9 | 7:08 | 2 | 24:57 |
| 8 | Jacob Marshall-Grint | 160 | City of Norwich | 3:42 | 3 | 13:31 | 8 | 8:11 | 9 | 25:24 |
| 9 | Tom Stead | 150 | Cambridge Tri | 5:26 | 19 | 13:20 | 7 | 7:15 | 4 | 26:01 |
| 10 | Robert Dowell | 151 | Discovery Tri | 4:51 | 14 | 14:01 | 12 | 8:24 | 13 | 27:16 |
| 11 | Jacob Nethercott | 147 | Cambridge Tri | 5:10 | 18 | 13:57 | 11 | 8:22 | 12 | 27:29 |
| 12 | Adam Gough | 152 | Cambridge Tri | 5:09 | 17 | 14:11 | 13 | 8:18 | 11 | 27:38 |
| 13 | George Rodger-Brown | 143 | Sudbury Tri | 6:35 | 21 | 12:27 | 2 | 9:12 | 15 | 28:14 |
| 14 | Todd Last | 165 | Deben Swim Club | 4:06 | 8 | 16:50 | 16 | 8:36 | 14 | 29:32 |
| 15 | Thomas Borrett | 163 | | 4:11 | 10 | 16:14 | 15 | 9:13 | 16 | 29:38 |
| 16 | Louie Boydell | 142 | | 6:58 | 22 | 14:54 | 14 | 7:59 | 8 | 29:51 |
| 17 | Charlie Fulcher | 140 | Deben Swim Club | 4:05 | 7 | 17:50 | 19 | 10:21 | 19 | 32:16 |
| 18 | James Redshaw | 159 | | 4:40 | 13 | 18:04 | 20 | 9:50 | 18 | 32:34 |
| 19 | Edward Hunt | 144 | City of Norwich | 5:57 | 20 | 17:14 | 17 | 9:46 | 17 | 32:57 |
| 19 | Sebastian Baker | 153 | Framlingham College SC | 5:02 | 16 | 17:21 | 18 | 10:34 | 20 | 32:57 |
| 21 | Cameron Foster | 148 | | 4:59 | 15 | 18:04 | 20 | 10:55 | 21 | 33:58 |
| 22 | Daniel Finegan | 162 | Felixstowe Waves SC | 4:10 | 9 | 18:45 | 22 | 13:15 | 22 | 36:10 |
| | Jack Norton | 145 | | 9:21 | 23 | | | | | |

Girls 15 - 16

| Pos. | Name | No. | Club | Swim | | Cycle | | Run | | Total |
|------|----------------|-----|---------------------------|------|---|-------|---|-------|---|-------|
| 1 | Jasmine Seller | 173 | Ipswich Harriers/Deben SC | 3:47 | 1 | 14:15 | 2 | 8:06 | 1 | 26:08 |
| 2 | Claire Caiger | 171 | Framlingham College SC | 4:41 | 3 | 14:11 | 1 | 8:20 | 2 | 27:12 |
| 3 | Sarah Eames | 170 | Tri Force Herts | 5:34 | 4 | 16:23 | 3 | 10:49 | 4 | 32:46 |
| 4 | Alice Theobald | 172 | Felixstowe Swim Club | 4:01 | 2 | 18:09 | 4 | 10:47 | 3 | 32:57 |

Boys 15 - 16

| Pos. | Name | No. | Club | Swim | | Cycle | | Run | | Total |
|------|----------------------|-----|---------------------------|------|----|-------|----|-------|----|-------|
| 1 | Adam Tapley | 183 | Cambridge Tri | 3:49 | 6 | 11:53 | 1 | 7:02 | 2 | 22:44 |
| 2 | Connor Delaney | 184 | Human Performance Unit | 3:33 | 1 | 12:31 | 2 | 7:39 | 7 | 23:43 |
| 3 | Zuhair Crossley | 180 | Cambridge Tri | 4:12 | 7 | 12:43 | 3 | 7:05 | 3 | 24:00 |
| 4 | James Harper | 182 | Tri Force Herts | 3:47 | 4 | 12:58 | 4 | 7:23 | 5 | 24:08 |
| 5 | Adam Last | 185 | Deben Swim Club | 3:36 | 2 | 13:48 | 7 | 7:17 | 4 | 24:41 |
| 6 | Oliver Norman | 181 | Ipswich Harriers/Deben SC | 3:46 | 3 | 13:19 | 6 | 7:50 | 9 | 24:55 |
| 7 | Ryan Chamberlain-Cox | 179 | Cambridge Tri | 4:50 | 9 | 13:17 | 5 | 7:30 | 6 | 25:37 |
| 8 | Andrew Revell | 177 | Framlingham College SC | 4:59 | 10 | 14:58 | 9 | 6:57 | 1 | 26:54 |
| 9 | Kieran Bliss | 176 | | 5:43 | 11 | 14:46 | 8 | 7:41 | 8 | 28:10 |
| 10 | Ryan Clay | 186 | | 3:48 | 5 | 16:42 | 11 | 9:04 | 10 | 29:34 |
| 11 | Steven Sutton | 178 | Leiston Swimming Club | 4:24 | 8 | 16:36 | 10 | 12:06 | 12 | 33:06 |
| 12 | Daniel Ross | 175 | | 6:47 | 12 | 21:04 | 12 | 11:36 | 11 | 39:27 |

Team competition

Age 8

Cambridge Tri

Age 9-10

Cambridge Tri 15
East Essex Tri 18
Leiston Swimming Club 33

Age 11 - 12

Cambridge Tri 20
Deben Swim Club 28
Ipswich Tri 48
Leiston Swimming Club 69

Age 13 - 14

Discovery Tri 9
Cambridge Tri 11
Deben Swim Club 20
City of Norwich 33

Age 15 - 16

Cambridge Tri 11