

## Ipswich Junior Triathlon 2011 Framlingham College

### Girls age 8

Pos.	Name	No.	Club	Swim		Cycle		Run		Total
1	Beatrice Quantrill	4	Ipswich Tri	1:10	2	4:40	1	4:19	2	10:09
2	Bethany Adamson	5		0:58	1	4:45	2	4:28	3	10:11
3	Clare Coppin	2		1:11	4	5:00	3	4:05	1	10:16
4	Paige Flower	1	Felixstowe Swim Club	1:10	2	5:04	4	4:53	4	11:07

### Boys age 8

Pos.	Name	No.	Club	Swim		Cycle		Run		Total
1	Tom Rankin	12		1:14	5	4:12	1	3:48	2	9:14
2	Adam Cottrell	15	City Of Norwich Triathlon	1:20	7	4:16	2	4:02	4	9:38
3	William Maltby	16		0:57	1	4:40	4	4:03	5	9:40
4	Max Ashmore	14		0:59	2	4:59	7	3:44	1	9:42
5	Fergus Wootton	19		1:00	3	4:39	3	4:17	7	9:56
6	Adam Coulter	11		1:16	6	4:49	6	4:01	3	10:06
7	Josh Bowyer	18		1:11	4	4:48	5	4:09	6	10:08
8	Roland Holland-Howes	13		1:30	9	5:33	8	4:22	8	11:25
9	Nathan Sutton	17		1:21	8	6:47	9	4:47	9	12:55

### Girls 9 - 10

Pos.	Name	No.	Club	Swim		Cycle		Run		Total
1	Sophia Ogilvie	27		2:32	5	8:31	5	6:11	1	17:14
2	Elena Gough	24	Cambridge Tri	3:00	6	7:22	1	6:57	4	17:19
3	Tilly Borrett	31	Cambridge Tri	2:28	3	8:28	4	6:32	3	17:28
4	Maria Donovan	30	Leiston Swimming Club	2:20	1	8:01	2	7:22	7	17:43
5	Lauren Gowers	29	Discovery Tri	2:29	4	8:23	3	7:09	6	18:01
6	Megan Cottrell	23	City Of Norwich Triathlon	3:18	7	9:54	6	6:28	2	19:40
7	Danielle Hartin	20	East Essex Tri	2:27	2	10:12	7	7:08	5	19:47
8	Ellie Davis	22	East Essex Tri	3:30	8	10:27	8	8:57	9	22:54
9	Imogen Bowyer	25		3:56	9	11:01	9	8:08	8	23:05
10	Tatum Piper-Rose	21	Human Performance Unit	4:12	10	11:24	10	10:19	10	25:55

### Boys 9 - 10

Pos.	Name	No.	Club	Swim		Cycle		Run		Total
1	Johan Hasselder	52	West Suffolk Tri	2:39	14	6:18	1	5:37	2	14:34
1	Cameron Lindsay	64	Tri Sport Epping	2:10	5	6:45	3	5:39	3	14:34
3	Leon Wheeler	55	East Essex Tri	2:55	19	6:38	2	5:17	1	14:50
4	John Barber	58		2:07	3	6:49	6	6:20	15	15:16
5	Joseph Clifford	53	Ipswich Tri	2:09	4	7:18	10	5:52	5	15:19
6	Sam Davies	49		2:30	11	6:45	3	6:11	10	15:26
7	Sean Husband	54		2:48	16	6:48	5	5:55	6	15:31
8	Sam Ponty	62		2:11	6	7:16	9	6:13	12	15:40
9	Joshua Borrett	69	Cambridge Tri	1:52	1	8:02	18	6:13	12	16:07
10	Jordan Bradford	56	Cambridge Tri	2:30	11	7:27	12	6:14	14	16:11
11	Daniel de Boltz	47	Ipswich Tri	2:50	17	7:00	8	6:27	18	16:17
12	Jonathan Chaney Baxter	63	city of norwich swimming club	2:13	7	7:31	14	6:34	20	16:18
13	Clayton Thomas	43	East Essex Tri	3:18	22	7:18	10	5:44	4	16:20
14	Rowan Baker	45	City of Norwich Triathlon and Cyc	2:51	18	6:49	6	6:43	22	16:23
15	Thomas Brierly	46	Deben Swim Club	2:36	13	7:59	17	6:11	10	16:46
16	Daniel Atkinson	57		2:16	8	8:13	19	6:23	17	16:52
17	Ben Beagley	51	Deben Swim Club	2:55	19	7:48	15	6:22	16	17:05
18	Jude Ashken	65		2:18	9	8:53	24	5:58	7	17:09
19	Jamie Mayhew	67	Leiston Swimming Club	2:05	2	7:29	13	7:37	24	17:11
20	Oliver Phelan	41	Ipswich Tri	3:19	23	8:19	20	6:01	8	17:39
21	Kieron Harris	48		3:43	24	7:51	16	6:10	9	17:44
22	Logan Pyle	68		2:23	10	8:23	21	7:09	23	17:55
23	Anton Haiser	42	East Essex Tri	2:46	15	8:51	23	6:30	19	18:07

24	Joshua Lansdown	60	3:03	21	10:18	26	6:39	21	20:00
25	Henry Alabone	50	4:15	25	8:50	22	7:50	26	20:55
26	Joseph Gartland	40	4:21	26	9:44	25	7:39	25	21:44

### Girls 11 - 12

Pos.	Name	No.	Club	Swim		Cycle		Run		Total
1	Kiera Tippett	96	East Essex Tri	2:57	1	9:46	1	8:36	1	21:19
2	Jemima Walker	97	East Essex Tri	2:58	2	10:12	2	9:10	3	22:20
3	Sinead Clark	85	East Essex Tri	3:30	11	10:24	3	8:57	2	22:51
4	Sarah Brunton	94	Cambridge Tri	3:09	3	10:37	5	9:25	4	23:11
5	Sophie Wright	80		3:59	15	10:25	4	9:34	5	23:58
6	Issy Wickens	93	Ipswich Tri	3:16	6	11:21	7	10:07	7	24:44
7	Nicole Bradford	92	Cambridge Tri	3:09	3	11:14	6	11:51	13	26:14
8	Charlotte Gowers	86	Discovery Tri	3:23	10	12:15	8	11:19	11	26:57
9	Meade Clarke	82		3:39	14	13:00	9	10:34	9	27:13
10	Kerry Delaney	81	Cambridge Tri	3:14	5	14:04	15	10:06	6	27:24
11	Imogen Holland-Howes	75		4:30	18	13:04	10	10:13	8	27:47
12	Nicole Hull	87		3:36	13	13:36	12	11:39	12	28:51
13	Megan Adamson	90		3:18	8	13:39	13	12:16	14	29:13
14	Samantha Knott	79	Stowmarket swim club	3:33	12	13:31	11	13:12	15	30:16
15	Brooke Flower	83	Felixstowe Swim Club	3:19	9	14:02	14	13:34	16	30:55
16	Amelia Heard	91	St.Felix School	3:17	7	14:11	16	13:39	17	31:07
17	Lucy Coulter	77		4:49	19	15:25	18	11:02	10	31:16
18	Clare Levermore	89	Leiston Swimming Club	3:59	15	14:54	17	16:30	19	35:23
19	Evie Banham	88	Leiston Swimming Club	4:04	17	18:53	20	16:52	20	39:49
20	Giselle Turner	78		5:09	20	18:19	19	16:25	18	39:53
21	Cerys Jones	76		5:55	21	21:31	21	21:28	21	48:54

### Boys 11 - 12

Pos.	Name	No.	Club	Swim		Cycle		Run		Total
1	Zak Coleman	122	Tri-Anglia	3:22	8	9:18	1	9:01	3	21:41
2	Scott Thomas	120	Cambridge Tri	3:21	7	10:41	4	8:13	1	22:15
3	Elliot Swallow	127	Discovery Tri	3:00	1	10:15	2	9:09	4	22:24
4	Thomas Baslington	125	Discovery Tri	3:08	3	11:25	9	9:31	6	24:04
5	Louis Breyer	104	Ipswich Tri	4:25	24	11:14	6	8:34	2	24:13
6	Joseph Drake	113		3:38	14	11:13	5	9:51	8	24:42
7	Matthew Baker	108	City of Norwich Triathlon and Cyc	3:54	19	10:28	3	10:40	17	25:02
8	Michael Donovan	111	Leiston Swimming Club	3:51	16	11:24	8	9:55	10	25:10
9	Murray Holland-Howes	100		4:17	22	12:00	13	9:21	5	25:38
10	Tim Davies	109	Ipswich Jaffa	3:58	20	11:44	11	10:19	13	26:01
11	Jake O'Brien	123	Cambridge Tri	4:18	23	11:46	12	10:09	12	26:13
12	Tom Beagley	118	Deben Swim Club	3:25	11	11:22	7	11:28	23	26:15
13	Alexander Bartlett	119		3:32	12	13:05	18	9:42	7	26:19
15	Sam Every	130	St Felix School	3:01	2	12:04	14	11:14	21	26:19
13	Charlie Clarke	105		3:37	13	13:15	21	10:00	11	26:52
16	Robert Borrett	129		3:11	4	13:05	18	10:40	17	26:56
17	Adam Blades	126	Leiston Swimming Club	3:53	18	13:11	20	9:53	9	26:57
18	Joseph Brierly	124	Deben Swim Club	3:12	5	13:15	21	10:32	14	26:59
19	Olie Pick	117	Leiston Swimming Club	3:24	10	11:29	10	12:14	24	27:07
20	Samuel Baslington	115	Discovery Tri	3:51	16	12:25	15	11:07	20	27:23
21	James Phelan	103	Ipswich Tri	4:29	25	12:37	16	10:37	16	27:43
22	Nicholas Borrett	112		3:22	8	13:57	25	10:33	15	27:52
23	Oliver Pyle	121		3:20	6	13:58	26	10:54	19	28:12
24	Jack Neale	107	East Essex Tri	4:00	21	12:45	17	13:11	25	29:56
25	Freddie Wootton	114		5:06	27	13:43	24	11:21	22	30:10
26	Ciaran Randeria	106	PACTRAC	4:54	26	13:36	23	13:11	25	31:41
27	Joshua Richards	110	Ipswich Tri	3:44	15	14:00	27	15:06	27	32:50

**Girls 13 - 14**

Pos.	Name	No.	Club	Swim		Cycle		Run		Total
1	Sophie Alden	142	City of Norwich	3:40	1	13:41	2	10:32	1	27:53
2	Charlotte Wickens	145	Ipswich Tri	4:20	5	13:37	1	10:59	2	28:56
3	Catriona Delaney	144	Cambridge Tri	4:12	2	14:18	3	12:30	3	31:00
4	Alexandra Rae	139	Discovery Tri	4:15	4	16:31	4	13:01	4	33:47
5	Lily Clarke	137		4:13	3	18:33	8	13:17	5	36:03
6	Megan Clark	136	East Essex Tri	5:41	7	16:52	5	14:18	7	36:51
7	Kerry Knott	135	St edmund Pacers	5:50	8	18:11	6	13:33	6	37:34
8	Amy Brammar	140	Deben Swim Club	4:32	6	18:30	7	14:34	8	37:36

**Boys 13 - 14**

Pos.	Name	No.	Club	Swim		Cycle		Run		Total
1	Elliot Bennett	165	Discovery Tri	3:50	6	12:05	2	8:58	1	24:53
2	James Tapley	167	Cambridge Tri	3:45	3	11:58	1	9:56	3	25:39
3	Oliver Swallow	166	Discovery Tri	3:49	5	12:37	3	9:27	2	25:53
4	Christan Gray	160	East Essex Tri	3:52	7	13:55	9	10:11	4	27:58
5	Oliver Maltby	171		3:28	1	13:43	6	11:38	10	28:49
6	Theo Passmore	152	Ipswich Harriers	5:05	18	13:16	4	10:29	5	28:50
7	James Neale	156	East Essex Tri	4:18	11	13:53	7	10:58	7	29:09
8	Daniel Crowe	154		4:30	14	14:00	10	10:47	6	29:17
9	Charlie Seller	170	Deben Swim Club	3:52	7	14:31	11	11:28	9	29:51
10	Robert Brunton	163	Cambridge Tri	3:32	2	14:39	12	12:00	11	30:11
11	Mark Chaney Baxter	155	city of norwich swimming club	4:00	10	15:24	13	11:14	8	30:38
12	Adam Gough	150	Cambridge Tri	4:54	17	13:28	5	12:32	15	30:54
13	Lewis Hardcastle	151	City of Norwich	4:37	16	13:54	8	13:18	17	31:49
14	Tom Borrett	169		3:59	9	16:59	14	12:04	12	33:02
15	William Keeble	161	Leiston Swimming Club	4:30	14	17:15	16	12:14	13	33:59
16	Dan Finegan	162	Felixstowe Waves SC	3:48	4	18:15	19	12:17	14	34:20
17	Jack Brammar	157	Deben Swim Club	4:26	13	18:12	18	13:18	17	35:56
18	Alexander Lione	153	Cambridge Tri	5:36	19	17:14	15	13:27	19	36:17
19	Ben Catton	164	Leiston Swimming Club	4:19	12	19:34	20	13:01	16	36:54
20	Tristan Turner	158		6:30	20	18:00	17	13:39	20	38:09

**Girls 15 - 16**

Pos.	Name	No.	Club	Swim		Cycle		Run		Total
1	Jasmine Seller	179	Deben Swim Club	5:31	3	18:39	1	12:56	2	37:06
2	Sophie Jones	183	Cambridge Tri	6:19	6	18:56	2	12:27	1	37:42
3	Charlotte Harrison	181	Cambridge Tri	5:25	2	18:59	3	15:29	4	39:53
4	Emma Studd	182	farlingaye high school	5:22	1	20:45	4	13:53	3	40:00
5	Rebecca Lemon	176	City of Norwich	6:57	7	22:11	5	16:52	5	46:00
6	Charlotte Hartin	184	East Essex Tri	5:41	4	23:00	6	20:38	6	49:19
7	Alice Theobald	178	Felixstowe Waves SC	5:52	5	26:17	7	21:37	7	53:46

**Boys 15 - 16**

Pos.	Name	No.	Club	Swim		Cycle		Run		Total
1	Louis Seller	191	Deben Swim Club	4:44	1	17:19	1	11:39	2	33:42
2	Arran Rae	188	Discovery Tri	5:16	3	17:47	3	11:30	1	34:33
3	Jacob Marshall-Grint	192	City of Norwich Triathlon and Cyc	5:14	2	17:25	2	13:14	3	35:53
4	James Maltby	189		5:16	3	19:25	4	17:06	5	41:47
5	Thomas Franklyn	186		10:38	6	19:36	5	14:19	4	44:33
6	Hywel Jones	185		8:27	5	25:43	6	17:32	6	51:42