

**NOMINATION FORM
IPSWICH TRIATHLON CLUB COMMITTEE
2007**

To propose yourself and qualify for election:

1. You must be a member Ipswich Triathlon Club (ITC)

Please send to Simon Palmer, Potash Farm, Church Road, Crowfield, Suffolk. IP6 9TG by 31st October.

NAME (block capitals)

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I would like to propose myself for the following committee post/s and am eligible to do so. (Please tick the appropriate box)

Committee	
Chairman	
Secretary	
Treasurer	
Men's captain	
Ladies captain	
Communications Officer	
Development Officer	
Race Co-ordinator	

NOMINEE'S SIGNATURE

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DATE

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