

Ipswich Junior Triathlon 2009 Framlingham College

Girls age 8

Pos.	Name	No.	Club	Swim		Cycle		Run		Total
1	Amy Davies	4		0:56	1	4:40	1	4:12	2	9:48
2	Natalie Cardin	2	Framlingham Swim Club	1:00	2	4:55	2	4:19	3	10:14
3	Georgina Haskey-Jones	1	Blackwater Tri	1:32	4	5:13	3	4:06	1	10:51
4	Eleanor Suter	3		1:10	3	5:19	4	4:42	4	11:11

Boys age 8

Pos.	Name	No.	Club	Swim		Cycle		Run		Total
1	George Crowe	9		0:52	3	4:01	1	3:26	2	8:19
2	Joseph Clifford	7	Ipswich Tri	0:57	5	4:08	3	3:20	1	8:25
3	Johan Hasselder	8		0:56	4	4:04	2	3:34	3	8:34
4	Guy Blades	10	Leiston and District SC	0:49	2	4:27	5	3:46	4	9:02
5	Jamie Mayhew	15	Leiston and District SC	0:43	1	4:21	4	4:11	10	9:15
6	Samuel Green	13	Ipswich Tri	1:05	7	4:40	7	3:53	7	9:38
7	Zachary Foster	14		0:57	5	4:59	9	3:46	4	9:42
8	Robbie Le Roy	11		1:20	9	4:35	6	3:49	6	9:44
9	Dean Johnson	6	Leiston and District SC	1:22	10	4:58	8	4:10	9	10:30
10	Joshua Vandenberg	12		1:07	8	5:44	10	3:57	8	10:48

Girls 9 - 10

Pos.	Name	No.	Club	Swim		Cycle		Run		Total
1	Ellie Bushell	31	North Norfolk Tri	1:55	1	5:23	1	5:11	3	12:29
2	Catherine Longe	29	Tri-Anglia	2:06	3	5:32	2	4:57	1	12:35
3	Kiera Tippet	28	East Essex Tri	2:07	4	5:35	3	5:38	6	13:20
4	Sasha Dyke	32	Tri-Anglia	1:58	2	5:59	4	5:30	5	13:27
5	Issy Wickens	25	Ipswich Tri	2:26	10	6:34	6	5:05	2	14:05
6	Sinead Clark	30	East Essex Tri	2:42	12	6:25	5	5:12	4	14:19
7	Sarah Brunton	36	Cambridge Tri	2:16	7	6:41	8	6:18	11	15:15
8	Philippa Taylor	24		2:24	9	6:59	9	6:07	8	15:30
9	Kerry Delaney	26	Cambridge Tri	2:33	11	7:25	10	5:47	7	15:45
10	Ellie Rankin	21	Ipswich Tri	3:04	14	6:36	7	6:33	13	16:13
11	Georgina Fulcher	37	Deben Swim Club	2:07	4	8:10	12	6:14	10	16:31
12	Charlotte Crowe	35		2:14	6	8:13	14	6:09	9	16:36
13	Chloe Allen	33		2:22	8	8:28	16	7:24	16	18:14
14	Brooke Flower	38	Felixstowe Swim Club	2:52	13	8:22	15	7:08	14	18:22
15	Keiley Styles	22		3:33	17	8:37	17	6:25	12	18:35
16	Ellie Mellor Hine	23	Felixstowe RR	3:31	16	7:39	11	7:30	17	18:40
17	Lily Woodruff	27		3:20	15	8:10	12	7:32	18	19:02
18	Hannah Rankin	20	Ipswich Tri	3:34	18	9:13	18	7:18	15	20:05

Boys 9 - 10

Pos.	Name	No.	Club	Swim		Cycle		Run		Total
1	Harrison Staines	55	Discovery tri	2:07	2	5:38	2	4:32	1	12:17
2	Zak Coleman	49	Tri-Anglia	2:21	4	5:07	1	4:56	2	12:24
3	Thomas Baslington	52	Discovery Tri	2:05	1	5:50	3	5:25	6	13:20
4	Billy Caiger	43	Framlingham Swim Club	3:05	16	6:02	4	5:15	4	14:22
4	Jake O'Brien	47	Cambridge Tri	3:00	13	6:03	5	5:19	5	14:22
6	Tomas Gould	50	Ipswich Tri	2:31	6	6:26	7	5:51	11	14:48
7	Adam Blades	56	Leiston and District SC	2:51	10	6:57	12	5:02	3	14:50
8	William Baker	42	East Essex Tri	2:45	8	6:25	6	5:43	9	14:53
9	Robert Borrett	59		2:15	3	7:02	14	5:37	7	14:54
10	Jack Shellito	46	East Essex Tri	2:50	9	6:32	9	5:41	8	15:03
11	Simon Smith	53	Discovery Tri	2:40	7	6:58	13	5:45	10	15:23
12	Samuel Baslington	48	Discovery Tri	2:24	5	6:30	8	6:36	16	15:30
13	Thomas Keeble	44	Tri-Anglia	2:57	12	7:11	15	5:54	14	16:02
14	Philip Toma	54		3:03	15	6:32	9	6:38	17	16:13
15	Hugo Kelleway	39		3:50	19	6:50	11	5:51	11	16:31
16	William Donsworth	40		3:25	18	7:27	16	5:51	11	16:43
17	Nathan Grant	41	Framlingham College SC	3:15	17	7:52	17	6:35	15	17:42
18	Max Hudson	45		2:55	11	8:03	18	7:27	19	18:25
19	Bradley Johnson	57	Leiston and District SC	3:00	13	8:56	19	7:20	18	19:16

Girls 11 - 12

Pos.	Name	No.	Club	Swim		Cycle		Run		Total
1	Catriona Delaney	74	Cambridge Tri	3:14	5	9:22	2	7:06	5	19:42

2	Lorna Robinson	73	Ipswich Tri	3:31	10	9:03	1	7:15	7	19:49
3	Samantha Ragus	78	Discovery Tri	3:12	4	10:22	3	6:53	2	20:27
4	Charlotte Wickens	71	Ipswich Tri	3:34	12	10:32	5	6:56	3	21:02
5	Robyn Broadbent	76	Discovery Tri	2:52	2	10:25	4	8:01	12	21:18
6	Madeleine Henderson	65	Tri Sport Epping	3:40	14	10:52	6	7:01	4	21:33
7	Eleanor Wright	75	Ipswich Tri	3:25	6	11:15	9	7:07	6	21:47
8	Evageline Foster	69		3:32	11	11:56	13	6:30	1	21:58
9	Chloe Le Roy	66	Team Tri-A-Sport	3:38	13	10:59	7	7:25	8	22:02
10	Megan Staines	68	Discovery tri	3:27	8	11:03	8	7:56	11	22:26
11	Alexandra Rae	67	Discovery Tri	3:25	6	11:41	10	7:46	10	22:52
12	Megan Hammond	62		3:52	15	12:16	14	8:06	13	24:14
13	Katia Cardin	61	Framlingham Swim Club	4:24	18	11:54	12	8:06	13	24:24
13	Ellisse Morey	77		3:10	3	13:07	17	8:07	15	24:24
15	Holly Davies	81		3:28	9	12:49	16	8:09	16	24:26
16	Madelaine Baker	72	Framlingham	4:04	16	13:26	18	7:39	9	25:09
17	Emily Eames	60	Tri Force Herts	5:15	20	11:45	11	9:11	18	26:11
18	Josie Blades	80	Leiston and District SC	2:51	1	12:27	15	10:56	20	26:14
19	Emily Macartney	64		4:06	17	13:49	19	8:50	17	26:45
20	Charlotte Suter	63		5:11	19	14:00	20	10:43	19	29:54
	Olivia Hine	79	St Joseph's College	DNF						

Boys 11 - 12

Pos.	Name	No.	Club	Swim		Cycle		Run		Total
1	James Tapley	101	Cambridge Tri	3:02	2	9:23	2	6:09	2	18:34
2	Elliot Bennett	93	53-12	3:20	8	9:30	3	6:19	3	19:09
3	Adam Gough	95	Cambridge Tri	3:37	12	9:14	1	6:47	5	19:38
4	Robert Dowell	94	Discovery Tri	3:26	10	10:01	4	7:05	6	20:32
5	Robert Brunton	99	Cambridge Tri	3:08	4	10:46	6	7:32	13	21:26
6	Daniel Finegan	103	Felixstowe Waves SC	2:58	1	11:26	11	7:25	12	21:49
7	Thomas Borrett	105		3:06	3	11:20	8	7:24	11	21:50
8	Jeremy Nockels	97	53-12	3:11	6	11:32	13	7:21	10	22:04
9	Todd Last	100	Deben Swim Club	3:20	8	11:31	12	7:19	8	22:10
10	Sebastian Baker	85	Framlingham	3:51	14	10:51	7	7:40	17	22:22
11	James Redshaw	98		3:30	11	11:39	15	7:37	15	22:46
12	Matthew Haskell	107	Felixstowe Waves SC	4:07	18	12:09	17	6:37	4	22:53
13	James Walker	91	Framlingham Swim Club	4:02	17	11:34	14	7:19	8	22:55
14	Matthew Le Poidevin	88	St Edmund Pacers	4:30	19	12:33	20	6:04	1	23:07
15	Patrick Styles	84		5:30	23	10:35	5	7:05	6	23:10
16	Samuel Mileham	92	Tri Sport Epping	3:53	15	11:47	16	7:37	15	23:17
17	Peter Wiltshire	86		4:56	22	11:24	10	7:36	14	23:56
18	Jack Levermore	90	Leiston and District SC	4:47	20	11:22	9	8:11	19	24:20
19	Sam Myerscough	87	Deben Swim Club	3:50	13	12:12	18	8:34	20	24:36
20	Charlie Fulcher	104	Deben Swim Club	3:09	5	12:15	19	9:37	23	25:01
21	Reece Johnson	106	Leiston and District SC	3:59	16	13:05	21	8:50	21	25:54
22	Robert Taylor	82		4:55	21	13:54	23	8:03	18	26:52
23	Nick Elmer	83		5:54	24	13:36	22	8:56	22	28:26
24	James Casburn	96	Felixstowe Swim Club	3:19	7	17:12	25	11:02	25	31:33
25	George Donsworth	89		5:59	25	16:06	24	10:34	24	32:39

Girls 13 - 14

Pos.	Name	No.	Club	Swim		Cycle		Run		Total
1	Jasmine Seller	123	ipswich harriers/deben sc	3:52	1	14:08	1	8:34	1	26:34
2	Charlotte Olson	121	Tri Sport Epping	4:08	4	14:19	2	9:48	3	28:15
3	Annabelle Graham	112	Cambridge Tri	4:56	7	14:41	3	10:34	4	30:11
4	Alice Maguire	116	West Suffolk Wheelers	6:28	15	15:40	5	9:02	2	31:10
5	Holly Baker	111	Discovery Tri	4:24	5	16:22	7	11:09	8	31:55
6	Rebecca Lemon	118	Team Tri-A-Sport	5:36	10	15:32	4	11:00	6	32:08
7	Sarah Eames	114	Tri Force Herts	5:58	12	15:40	5	11:05	7	32:43
8	Sarah Versey	122	Felixstowe Swim Club	4:07	3	16:43	8	12:18	12	33:08
8	Hannah Hine	124	St Joseph's College	5:18	9	17:14	11	10:36	5	33:08
10	Jaide Buttle	113	East Essex Tri	5:14	8	16:46	9	11:23	9	33:23
11	Hannah Edwards	119	Team Tri-A-Sport	4:39	6	16:55	10	12:07	11	33:41
12	Jessie Caiger	115	Framlingham Swim Club	5:37	11	17:19	12	12:28	13	35:24
13	Matilda Bond	120	Felixstowe Swim Club	4:04	2	18:42	13	12:45	14	35:31
14	Felicity Holmes	110		6:06	13	18:45	14	13:08	15	37:59
15	Phoebe Aubugeau-William	117	Ipswich BC	6:13	14	25:14	15	11:48	10	43:15

Boys 13 - 14

Pos.	Name	No.	Club	Swim		Cycle		Run		Total
1	Connor Delaney	142	Cambridge Tri	3:40	2	12:07	1	7:05	1	22:52
2	Adam Last	147	Deben Swim Club	3:33	1	12:54	3	7:20	2	23:47
3	Jacob Marshall-Grint	141	Tri -Anglia	3:54	7	13:46	4	8:23	9	26:03
4	Arran Rae	136	Discovery Tri	4:01	9	15:10	11	7:43	4	26:54
5	George Knight	144	East Essex Tri	4:03	10	14:55	9	8:18	5	27:16
6	Louis Seller	146	ipswich harriers/deben sc	3:51	3	14:51	7	8:42	13	27:24
7	Damian Green	143		3:51	3	15:11	12	8:36	12	27:38
8	Tom Stead	131		5:40	16	14:53	8	7:28	3	28:01
9	Harry Fulcher	139	Deben Swim Club	3:54	7	15:25	14	8:45	14	28:04
10	Christopher Benjamin	150	Discovery Tri	3:51	3	12:49	2	11:30	20	28:10
11	Andrew Revell	130	Framlingham College SC	5:18	14	15:16	13	8:21	8	28:55
12	Toby Upson	145		3:51	3	17:01	20	8:20	6	29:12
13	Jack Urwin	137		4:15	12	16:33	17	8:27	10	29:15
14	Adam Clark	133	Sudbury Tri	6:27	19	14:56	10	8:20	6	29:43
15	Alistair Guite	127	Ipswich Tri	6:44	20	14:34	5	8:32	11	29:50
16	Finlay Hudson	126		5:25	15	15:57	15	9:00	15	30:22
17	George Rodger-Brown	132	Sudbury Tri	6:46	21	14:44	6	9:14	16	30:44
18	Lee Calver	135	Felixstowe Waves SC	4:38	13	17:27	21	10:30	18	32:35
19	Jack Davies	125	Sudbury	6:22	18	16:07	16	11:04	19	33:33
20	Louie Boydell	128	Sudbury Tri	7:05	22	16:47	19	10:11	17	34:03
21	Michael Revell	129	Framlingham College SC	5:41	17	16:40	18	12:59	21	35:20
	Robert Attwater	138		4:12	11	DNF				

Girls 15 - 16

Pos.	Name	No.	Club	Swim		Cycle		Run		Total
1	Claire Caiger	161	Framlingham Swim Club	4:57	5	14:46	1	8:21	1	28:04
2	Abigail Malster	163	Hadleigh swimming club	4:01	1	15:10	2	9:39	2	28:50
3	Claire Walker	160	Framlingham Swim Club	4:46	4	16:51	4	9:58	3	31:35
4	Maria Smith	162	Discovery Tri	4:19	2	16:45	3	10:36	4	31:40
5	Gemma Casburn	164	Felixstowe Swim Club	4:24	3	23:01	5	14:05	5	41:30

Boys 15 - 16

Pos.	Name	No.	Club	Swim		Cycle		Run		Total
1	Adam Tapley	170	Cambridge Tri	3:40	2	11:36	1	7:24	2	22:40
2	James Harper	171	Tri-Force	3:45	3	12:17	3	7:18	1	23:20
3	William Adams	168	Cambridge Tri	3:59	4	11:50	2	7:44	3	23:33
4	James Attwater	172		3:27	1	12:57	4	9:26	5	25:50
5	Zuhair Crossley	167	Cambridge Tri	4:59	6	14:20	5	8:53	4	28:12
6	George Skinner	169	Leiston and District SC	4:11	5	15:40	6	10:01	7	29:52
7	Dewi Pilsworth	166	Cambridge Tri	6:14	7	21:32	7	9:57	6	37:43

Teams

Age Winners

8 Leiston & District Swimming Club

9-10 Tri Anglia

11-12 Cambridge Tri

13-14 Discovery Tri

15-16 Cambridge Tri