

# Ipswich Junior Triathlon

Promoted by Ipswich Triathlon Club

At Framlingham College – 26 August 2007

## Results

### 9 - 10 Year Old Girls (TriStar 1)

<i>POSN</i>	<i>RACENO</i>	<i>COMPETITOR NAME</i>	<i>CLUB</i>	<i>CAT</i>	<i>SWIM</i>	<i>BIKE</i>	<i>RUN</i>	<i>TOTAL</i>
1	45	Robyn Broadbent	Discovery Tri Club	C	1:54	6:36	5:13	13:43
2	39	Lorna Robinson	Tri Anglia	C	2:38	6:01	5:13	13:52
3	40	Mya Zaver	Cambridge Triathlon Club	C	2:08	6:32	5:13	13:53
4	33	Catrina Delaney	Cambridge Triathlon Club	C	2:16	6:37	5:14	14:07
5	47	Megan Staines	Discovery Tri Club	C	2:30	7:14	5:19	15:03
6	48	Josie Blades	Leiston and District SC	C	2:10	7:17	5:48	15:15
7	32	Hannah Shean	East Essex Triathlon Club	C	2:21	7:25	5:34	15:20
8	34	Samantha Ragus	Discovery Tri Club	C	2:15	8:23	5:04	15:42
9	42	Charlotte Wickens	Ipswich Triathlon Club	C	2:33	7:25	5:44	15:42
10	44	Georgia Macalle	East Essex Triathlon Club	C	2:37	7:28	6:09	16:14
11	27	Brogan Smith	East Essex Triathlon Club	C	2:41	8:13	6:12	17:06
12	31	Hannah Kane	East Essex Triathlon Club	C	2:40	8:02	6:29	17:11
13	43	Sarah Wright	Tri Anglia	C	2:30	7:27	7:14	17:11
14	28	Eleanor Wright	Ipswich Triathlon Club	C	3:00	8:36	6:08	17:44
15	38	Alice Christie	Framlingham College SC	C	2:31	8:48	6:28	17:47
16	20	Ruth Mallett	Ipswich Triathlon Club	C	3:17	8:31	6:13	18:01
17	37	Alice Root	Framlingham College SC	C	2:52	8:47	6:26	18:05
18	41	Georgina Whiteley	Framlingham College SC	C	2:42	8:32	6:55	18:09
19	36	Taylor Ball	Ipswich Triathlon Club	C	2:44	8:41	6:56	18:21
20	22	Brooke Smith	East Essex Triathlon Club	C	2:48	8:47	7:05	18:40
21	21	Emily Eames	Tri Force Herts	C	3:48	9:18	6:10	19:16
22	24	Emelia Garvie	Framlingham College SC	C	3:53	9:43	6:19	19:55
23	29	Miriam Eyles	Framlingham College SC	C	3:20	9:40	7:35	20:35
24	25	Hannah Cole	Tri-Anglia	C	3:37	9:41	7:35	20:53
25	35	Charlotte Summers	Unattached	C	3:00	10:14	8:01	21:15

### 9 - 10 Year Old Boys (TriStar 1)

<i>POSN</i>	<i>RACENO</i>	<i>COMPETITOR NAME</i>	<i>CLUB</i>	<i>CAT</i>	<i>SWIM</i>	<i>BIKE</i>	<i>RUN</i>	<i>TOTAL</i>
1	64	Oliver Swallow	Discovery Tri Club	D	2:00	5:36	4:21	11:57
2	59	Nicholas Hobbs	4Life Tri	D	2:14	5:47	4:39	12:40
3	60	James Tapley	Cambridge Triathlon Club	D	2:19	5:25	4:56	12:40
4	61	Adam Gough	Cambridge Triathlon Club	D	2:34	5:33	5:14	13:21
5	54	Oscar Housego	Unattached	D	2:49	6:24	4:43	13:56
6	57	William Seccombe	Framlingham College SC	D	2:39	7:02	4:50	14:31
7	62	Elliot Bennett	53-12 Multisports	D	2:19	7:03	5:15	14:37
8	58	Patrick Rourke	Tri Sport Epping	D	2:28	6:29	5:41	14:38
9	63	William Ponty	Unattached	D	2:20	6:52	6:00	15:12
10	52	Dominic Overy-Owen	Framlingham College SC	D	2:37	7:21	5:48	15:46
11	55	Matthew Summers	Unattached	D	3:05	7:35	5:09	15:49
12	51	Frankie Culling	Blackdale Middle School	D	2:48	8:08	6:14	17:10
13	50	Edwin Chapman	Tri Anglia	D	3:19	8:37	5:54	17:50
14	53	Harry Fell	Framlingham College SC	D	5:02	11:04	7:32	23:38

## 11 - 12 Year Old Girls (TriStar 2)

<i>POSN</i>	<i>RACENO</i>	<i>COMPETITOR NAME</i>	<i>CLUB</i>	<i>CAT</i>	<i>SWIM</i>	<i>BIKE</i>	<i>RUN</i>	<i>TOTAL</i>
1	91	Sophie Coldwell	4Life Tri	E	2:54	9:40	5:50	18:24
2	88	Ellen Hobbs	4Life Tri	E	3:05	10:16	6:26	19:47
3	90	Esther Colman	West Suffolk Wheelers	E	2:52	10:29	7:10	20:31
4	87	Sophie Jones	Cambridge Triathlon Club	E	3:14	11:26	6:22	21:02
5	75	Emily Wilkins	TriSport Epping	E	4:04	10:46	7:28	22:18
6	84	Abigail Brown	East Essex Triathlon Club	E	3:20	12:12	7:06	22:38
7	77	Josephine Rourke	Tri Sport Epping	E	3:24	12:38	8:04	24:06
8	86	Jemima Dye	Leiston and District SC	E	3:24	13:04	7:56	24:24
9	76	Lauren Broadbent	Discovery Tri Club	E	3:19	13:34	7:35	24:28
10	83	Ellie jade Smith	East Essex Triathlon Club	E	3:19	13:08	8:15	24:42
11	89	Ellie Fairfoot	Tri Anglia	E	2:49	13:47	8:38	25:14
12	78	Annabelle Graham	Cambridge Triathlon Club	E	4:01	12:39	8:48	25:28
13	73	Rosie Payne	Ipswich Triathlon Club	E	4:23	14:18	7:07	25:48
14	74	Sarah Eames	Tri Force Herts	E	4:25	13:00	9:44	27:09
15	72	Joan Tanous	Ipswich Triathlon Club	E	3:49	14:57	8:53	27:39
16	82	Hannah Edwards	Tri Anglia	E	4:28	14:08	9:34	28:10
17	79	Ellie Vice	Leiston and District SC	E	3:57	15:56	9:39	29:32
18	81	Jessie Caiger	Framlingham College SC	E	4:57	16:12	10:46	31:55
19	70	Emily Heldreich	Framlingham College SC	E	4:26	18:31	10:57	33:54
20	71	Emma Steddon	East Essex Triathlon Club	E	4:22	21:35	12:48	38:45

## 11 - 12 Year Old Boys (TriStar 2)

<i>POSN</i>	<i>RACENO</i>	<i>COMPETITOR NAME</i>	<i>CLUB</i>	<i>CAT</i>	<i>SWIM</i>	<i>BIKE</i>	<i>RUN</i>	<i>TOTAL</i>
1	111	Connor Delaney	Cambridge Triathlon Club	F	3:00	9:31	6:01	18:32
2	114	James Kidd	Tri Sport Epping	F	2:53	9:50	6:02	18:45
3	117	Jacob Marshall-grint	Kings Lynn Warriors	F	3:01	10:38	6:12	19:51
4	116	Christopher Benjamin	Discovery Tri Club	F	3:13	10:34	6:08	19:55
5	115	Jake Housego	Dartford SC	F	3:08	10:32	6:32	20:12
6	113	Matthew Dawe	TriSportEpping	F	3:15	10:58	6:24	20:37
7	110	Jonathan Roberts	Discovery Tri Club	F	4:41	11:12	5:47	21:40
8	119	Jak Middleton	Framlingham College SC	F	3:59	11:57	6:17	22:13
9	100	Andrew Revell	Framlingham College SC	F	4:20	12:08	6:08	22:36
10	112	Christopher Hodges	Hoddesdon Swimming Club	F	3:34	11:34	7:36	22:44
11	106	Lammin Ben	East Essex Triathlon Club	F	3:57	12:38	7:21	23:56
12	105	Matthew Kane	East Essex Triathlon Club	F	4:47	11:39	7:42	24:08
13	102	Alistair Guite	Ipswich Triathlon Club	F	4:58	12:06	7:17	24:21
14	103	Theo Moutrie	Triathlon Essex	F	4:27	12:38	7:30	24:35
15	107	George Knight	East Essex Triathlon Club	F	3:35	13:53	7:29	24:57
16	101	Michael Revell	Framlingham College SC	F	5:04	13:33	6:41	25:18
17	108	Dan Middleton	Framlingham College SC	F	4:13	14:59	8:57	28:09
18	104	Sammy Fell	Framlingham College SC	F	5:16	15:59	8:45	30:00
19	109	Jack Bullock	Unattached	F	5:00	16:59	8:05	30:04

## 13 - 14 Year Old Girls (TriStar 3)

POSN	RACENO	COMPETITOR NAME	CLUB	CAT	SWIM	BIKE	RUN	TOTAL
1	134	Grace Hobbs	4Life Tri	G	4:12	14:07	7:54	26:13
2	131	Alex McKibben	Tri Anglia	G	3:39	14:58	8:11	26:48
3	130	Lauren Clipstone	Ipswich Triathlon Club	G	4:31	14:49	9:39	28:59
4	129	Rebecca Eggar	Cambridge Triathlon Club	G	5:00	15:36	8:41	29:17
5	128	Katrina Entwistle	Cambridge Triathlon Club	G	4:59	18:44	9:56	33:39
6	120	Claire Caiger	Framlingham College SC	G	7:09	18:06	9:08	34:23
7	132	Fiona Goodacre	Framlingham College SC	G	4:55	20:09	10:22	35:26
8	126	Rachael Hopley	Tri Anglia	G	4:28	19:52	11:08	35:28
9	121	Danielle Fuller	East Essex Triathlon Club	G	4:51	23:16	12:25	40:32
10	123	Daniella Rourke	Tri Sport Epping	G	5:35	23:15	13:02	41:52

## 13 - 14 Year Old Boys (TriStar 3)

POSN	RACENO	COMPETITOR NAME	CLUB	CAT	SWIM	BIKE	RUN	TOTAL
1	145	Vasudev Zaver	Cambridge Triathlon Club	H	4:04	12:31	6:24	22:59
2	147	William Adams	Cambridge Triathlon Club	H	4:20	13:10	7:36	25:06
3	146	Thomas Johnston	Cambridge Triathlon Club	H	4:08	14:25	6:54	25:27
4	143	Adam Tapley	Cambridge Triathlon Club	H	4:39	13:51	7:42	26:12
5	149	Matthew Brown	East Essex Triathlon Club	H	4:01	14:09	8:09	26:19
6	144	Tom Giggins	East Essex Triathlon Club	H	5:01	13:47	7:55	26:43
7	150	Adam Edwards	Trisport Epping	H	4:02	15:24	7:57	27:23
8	156	Thomas Sutton	Unattached	H	3:24	16:58	8:49	29:11
9	151	Anthony Hodges	Hoddesdon SC	H	4:06	16:14	9:46	30:06
10	142	Samuel Girling	Framlingham College SC	H	5:34	17:52	8:33	31:59
11	148	Jack Seccombe	Framlingham College SC	H	5:39	18:21	9:21	33:21
12	140	Luke Brown	Unattached	H	7:02	18:56	8:45	34:43
13	141	Joseph Shean	East Essex Triathlon Club	H	4:12	20:33	15:35 *	40:20

\* 141 – two laps on the bike?

## 15 - 16 Year Old Girls (Youths)

POSN	RACENO	COMPETITOR NAME	CLUB	CAT	SWIM	BIKE	RUN	TOTAL
1	165	Littlechild Zoe	Team Economic Energy	J	3:46	14:34	7:21	25:41
2	163	Harriet Brettle	Cambridge Triathlon Club	J	3:25	15:09	7:35	26:09
3	164	Lammin Cally	East Essex Triathlon Club	J	3:51	14:54	8:36	27:21
4	162	Samantha Eggar	Cambridge Triathlon Club	J	4:56	15:24	9:05	29:25
5	161	Sophie Hart	Unattached	J	5:01	16:07	9:33	30:41
6	160	Laura Revell	Framlingham College SC	J	5:44	20:54	8:44	35:22

## 15 - 16 Year Old Boys (Youths)

POSN	RACENO	COMPETITOR NAME	CLUB	CAT	SWIM	BIKE	RUN	TOTAL
1	178	Robbie Kidd	Tri And Run	K	3:24	11:20	6:45	21:29
2	179	Joe Giggins	East Essex Triathlon Club	K	3:21	11:57	6:31	21:49
3	177	William Meadows	TEAM TRI UK	K	3:32	11:34	6:54	22:00
4	176	Taz Porter	East Essex Triathlon Club	K	3:52	12:38	7:31	24:01
5	173	Tim Dwyer	Cambridge Triathlon Club	K	4:19	12:59	7:13	24:31
6	170	Matthew Cook	Cambridge Triathlon Club	K	5:12	12:28	7:38	25:18
7	175	Alfie Chapman	Tri Anglia	K	4:29	13:56	7:37	26:02
8	171	Tom Spry	Cambridge Triathlon Club	K	4:34	14:37	7:33	26:44
9	174	Jack Taylor	Tri-Anglia	K	4:04	14:46	8:07	26:57