

No.	Start	Surname	Forename	Club	TE ID	PC
121	09:45:30	Acworth	Ruth			
163	10:06:30	Allen	Tara	Ipswich Triathlon Club		
116	09:43:00	Ames	Jessica			
208	10:29:00	Ames	Tom	Stowmarket Striders Running Club	E1049171	
133	09:51:30	Anness	Ruth	Belper 10/20	E10183377	
127	09:48:30	Arnold	Paul	TriSudbury	E10131266	
157	10:03:30	Ashworth	Nicola	TRISudbury	E1083990	
18	08:54:00	Atkinson	Rebecca			
45	09:07:30	Attwell	Jayne			
5	08:47:30	Ayers	Katherine			
86	09:28:00	Barrett	Sam			
40	09:05:00	Bartholomew	Steve			
186	10:18:00	Bates	Aaron			
85	09:27:30	Batley	Robert	Team JKX		
217	10:33:30	Beaton	Edmund			
2	08:46:00	Beecher	Phil			
61	09:15:30	Berriman	Carl		E1092791	
216	10:33:00	Berry	Neil		E10171897	
160	10:05:00	Black	Gregor			
130	09:50:00	Blacklock	Dan			
138	09:54:00	Blacklock	Stephen			
155	10:02:30	Blacklock	Jane			
149	09:59:30	Blackwell	Alison	West Suffolk Wheelers	E10105697	
174	10:12:00	Blakey	Laura			
103	09:36:30	Bowen	Steve		E130283	
200	10:25:00	Bradley	Will	Tri Sudbury	E10106665	PC Form
50	09:10:00	Brentnall	Sue			
191	10:20:30	Brett	Alex			
1	08:45:30	Brooks	David	Trisudbury	E10182612	
4	08:47:00	Brown	Paul			
71	09:20:30	Brown	Sara	Newmarket Cycling & Triathlon Club		
93	09:31:30	Brown	Ian			
115	09:42:30	Bullock	Matthew			
64	09:17:00	Burrows	Nick			
194	10:22:00	Butcher	Clinton		E10118729	
113	09:41:30	Butterton	Edwina			
142	09:56:00	Cannell	Phillip			
141	09:55:30	Causon	Roger			
143	09:56:30	Chapman	Lee	Ipswich Triathlon Club		
126	09:48:00	Cheesman	Ian			
107	09:38:30	Clarke	Geraldine		E1064503	
178	10:14:00	Codling	Thomas	TRISudbury	E1063572	
201	10:25:30	Coe	Stephen		E137985	
79	09:24:30	Coley	David			
9	08:49:30	Cooper	Charlotte			
136	09:53:00	Cordukes	Erin			
30	09:00:00	Cornish	Lee			
68	09:19:00	Cornish	Lauren			
69	09:19:30	Cowles	Jason			
77	09:23:30	Cox	Mark			
84	09:27:00	Crewe	Richard	Thetford Athletics Club		
24	08:57:00	Crombie	Jacqui			
159	10:04:30	Cross	Ben			
76	09:23:00	Cullen	Ian			
147	09:58:30	D'Arcy	Venetia			
185	10:17:30	Daniel	Simon	TRISudbury	E1070086	

No.	Start	Surname	Forename	Club	TE ID	PC
165	10:07:30	Davies	Robert	CC Sudbury		
109	09:39:30	Davis	Sonia			
187	10:18:30	Davis	Nicki			
193	10:21:30	Dawkins	Alice			
120	09:45:00	Dawson	Belinda			
134	09:52:00	Dean	Benjamin	Tri-Anglia Triathlon Club	E10170901	
118	09:44:00	Drain	Kimberley	Stowmarket Striders Running Club	E10105353	
38	09:04:00	Drury	Mike	TRISudbury	E10178489	
180	10:15:00	Drury	Grace	TRISudbury	E10177961	PC Form
144	09:57:00	Edwards	Radley			
156	10:03:00	Emberson	Rick			
167	10:08:30	Emberson	Rob		E10182490	
145	09:57:30	Ereira	Jonathan	Beccles Triathlon Club		
57	09:13:30	Evans	Christine			
78	09:24:00	Evans	Clare			
97	09:33:30	Evans	Melonie	TRISudbury		
218	10:34:00	Fenwick	Ashia	Ipswich Triathlon Club	E1063833	
168	10:09:00	Field	David	Stowmarket Striders Running Club	E1096562	
59	09:14:30	Fish	Anne	Tri-Anglia Triathlon Club	E9145	
150	10:00:00	Fish	Grayhame	Tri-Anglia	E120434	
91	09:30:30	Fisher	Stuart	End of year sprint		
44	09:07:00	Foort	Mark			
124	09:47:00	Foort	Laura			
199	10:24:30	Free	Megan			
210	10:30:00	Free	Isabel	West Suffolk Wheelers	E10149571	PC Form
110	09:40:00	Frost	Suzanne	TRISudbury	E10116533	
29	08:59:30	Garrod	Sarah	Ely Tri Club		
129	09:49:30	Gilbert	Gemma			
183	10:16:30	Girgis	Angela	Newmarket Cycling & Triathlon Club	E16139	
179	10:14:30	Godridge	Tom	Tri Sudbury		
7	08:48:30	Greensmith	Emma	SRF		
190	10:20:00	Gregory	Tim			
14	08:52:00	Hall	Jake			
52	09:11:00	Ham	Fi		E10182489	
171	10:10:30	Hannah	Laura			
212	10:31:00	Hannah	Patrick		E1052662	
151	10:00:30	Harman	Mark	TriHarman-Norfolk	E128702	
152	10:01:00	Harman	Terea	Triharman Norfolk Triathlon Club	E129578	
92	09:31:00	Harper	Hayley			
35	09:02:30	Harrison	Nigel			
220	10:35:00	Harrison	Alex	Team SDCC	E1062476	
102	09:36:00	Harwood	Emma	Ipswich Triathlon Club		
122	09:46:00	Hawes	Charlotte	Stowmarket Striders Running Club		
172	10:11:00	Hawes	Joanna			
135	09:52:30	Hayward	Andy			
66	09:18:00	Hibbert	Malcolm			
148	09:59:00	Higgon	Jeff	Harwich Runners		
74	09:22:00	Hillyard	Alan			
101	09:35:30	Hobden	Lindsay	TRISudbury	E1063565	
214	10:32:00	Holmes	Katie	Harwich Runners		
26	08:58:00	Hotston Moore	Fiona			
117	09:43:30	Howard	Sean			
12	08:51:00	Hudson	Abigail			
27	08:58:30	Hughes	Rebecca			
125	09:47:30	Hume	Gavin		E10183546	
170	10:10:00	Humphries	Caroline			

No.	Start	Surname	Forename	Club	TE ID	PC
195	10:22:30	Humphries	Dan			
32	09:01:00	Hunt	Viv			
203	10:26:30	Husband	Eugene		E1049419	
87	09:28:30	Jefferson	Clair	TRISudbury		
58	09:14:00	Johnson	Sarah	TRISudbury		
202	10:26:00	Johnson	Hannah	TRISudbury		PC Form
176	10:13:00	Kay	Edmund			
169	10:09:30	King	Austen	TriSudbury	E10177080	
16	08:53:00	Lawrence	Leslie			
89	09:29:30	Layzell	Chris	Tri Sudbury		
90	09:30:00	Lockyer	Vanessa			
75	09:22:30	Lowe	Marie	TriSudbury		
70	09:20:00	Mackay	Matt			
105	09:37:30	Macnab-stark	Donald			
189	10:19:30	Malliband	Gary	Thetford Athletics Club	E1094526	
81	09:25:30	Marsden	Richard			
211	10:30:30	Marsh	Dylan	West Suffolk Wheelers		PC Form
158	10:04:00	Martin	Katie			
28	08:59:00	Mason	David			
82	09:26:00	Mcbride	Drew			
11	08:50:30	Mcglachie	Lee	Orwell Crossfit		
25	08:57:30	Mercer	Claire	Rugby triathlon club	E101191919	
17	08:53:30	Merfield	Gordon	Saxons		
72	09:21:00	Millar	Josh			
184	10:17:00	Miller	Andrew			
46	09:08:00	Mitchell	Laura	Ely Tri Club	E10181125	
48	09:09:00	Moggan	Frank	Stowmarket Striders Running Club		
207	10:28:30	Moore	Pip	West Suffolk Wheelers	E1051939	
94	09:32:00	Moss	Barry			
34	09:02:00	Muttitt	Glenn			
65	09:17:30	Naylor	Rosemary			
47	09:08:30	Norman	A J			
83	09:26:30	O'Brien	Joanna			
137	09:53:30	Olmos Olivares	Sebastian			
60	09:15:00	Page	Michael	TRISudbury		
192	10:21:00	Paice	Adam			
53	09:11:30	Parkington	Kate			
128	09:49:00	Passmore	Susan			
8	08:49:00	Petchey	Lucie	TriSudbury		
146	09:58:00	Petrie	Jessica			
54	09:12:00	Pettit	James			
15	08:52:30	Pinkney	Moira	Ipswich Triathlon Club		
13	08:51:30	Pyke	Stuart			
63	09:16:30	Richbell	Emma			
175	10:12:30	Ridgeon	Gavin	West Suffolk Wheelers		
153	10:01:30	Rixon	Chris	Tri Sudbury	E10141853	
37	09:03:30	Robinson	Tony			
119	09:44:30	Rolfe	Jack	Tri Sudbury	E10185489	
139	09:54:30	Rolfe	Steven	TriSudbury	E10187079	
39	09:04:30	Rose	David			
99	09:34:30	Rose	Sarah			
49	09:09:30	Rush	Debbie			
41	09:05:30	Ryan	Pete			
104	09:37:00	Ryles	Peter		E1045580	
205	10:27:30	Ryzinski	Lukasz			
19	08:54:30	Sands	Bobbie			

No.	Start	Surname	Forename	Club	TE ID	PC
20	08:55:00	Sands	Stuart			
67	09:18:30	Santillo	Sara			
131	09:50:30	Scutter	Tim			
96	09:33:00	Servant	Chris			
164	10:07:00	Sewell	Aidan			
88	09:29:00	Shipp	Carla			
196	10:23:00	Shipp	Lee			
56	09:13:00	Skinner	Mark			
162	10:06:00	Skinner	Jennifer			
181	10:15:30	Smith	Martin	Newmarket Cycling & Triathlon Club		
206	10:28:00	Smith	Charles			
209	10:29:30	Smith	Sam	Ipswich Triathlon Club		
161	10:05:30	Splarn	Dean	Harwich Runners		
114	09:42:00	Stafford	Sara			
154	10:02:00	Stephenson	Jo	Stowmarket Striders Running Club		
43	09:06:30	Stewart	Deborah	TriSudbury	E1044822	
106	09:38:00	Stewart	Andrew	TriSudbury	E1044821	
215	10:32:30	Stewart	Elizabeth	TriSudbury	E1044823	
6	08:48:00	Summersgill	Dan			
112	09:41:00	Sutherland	Lisa	TRISudbury	E10153459	
80	09:25:00	Swift	Mark			
100	09:35:00	Sykes	Dean	Brockley badgers		
33	09:01:30	Tatam	Patrick			
23	08:56:30	Taylor	Andrew			
132	09:51:00	Tetley	Sue	TRISudbury	E10115857	
42	09:06:00	Thackray	John		E1070268	
31	09:00:30	Thomas	Paul			
213	10:31:30	Thorndyke	Steve			
197	10:23:30	Tooley	Izabelle			
22	08:56:00	Trainer	Matt			
108	09:39:00	Tye	Cheryl	Ipswich Triathlon Club	E10110587	
55	09:12:30	Wain	Brian			
111	09:40:30	Walker	Jason			
177	10:13:30	Ward	Florence			
173	10:11:30	Warner	Dennis	Harwich Runners	E1071111	
140	09:55:00	Watson	Kerry			
188	10:19:00	Weaver Smith	Tom			
98	09:34:00	Welsh	Fraser			
10	08:50:00	Westwood	Nick			
166	10:08:00	White	Ian	Tri Sudbury		
198	10:24:00	White	Geraint			
219	10:34:30	White	Will			
21	08:55:30	Whymark	Nichola			
73	09:21:30	Williams	Luke			
3	08:46:30	Wilson	Maureen	Born2Tri		
51	09:10:30	Wilson	Frances			
62	09:16:00	Wilson	Ewen			
182	10:16:00	Wing	Helen		E1051729	
36	09:03:00	Wright	Jill			
95	09:32:30	Wright	Brian			
204	10:27:00	Wright	Karl	Thetford Athletics Club	E1086830	
123	09:46:30	Wyatt	Carissa			